



Monthly Chronicle

"Lies they Believe" and "The Truths, I Know!"

Misconception No. 3

"I have Cyber Insurance so if anything happens I'm protected."





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AUGUST 2025

"Every day businesses are decimated by cybercriminals. We are a team of elite cybersecurity specialists dedicated to your defence, so you can confidently lead your business into the future."





President and CEO MYDWARE IT Solutions Inc.

DEDICATED TO YOUR DEFENCE



Many small business owners operate under the misconception that regulatory compliance is a concern solely for large corporations.

However, in 2025, this belief couldn't be further from the truth. With tightening regulations across various sectors, small businesses are increasingly in the crosshairs of compliance enforcement agencies.

Why Compliance Matters More Than Ever

Regulatory bodies like the Health Canada, Payment Card Industry Data Security Standard (PCI DSS) and the Competition Bureau Canada (CBC) have intensified their focus on data protection and consumer privacy. Noncompliance isn't just a legal issue – it's a financial and reputational risk that cripples businesses.

Failure to comply can result in hefty fines. For instance, in 2024, Ontario's Information and Privacy Commissioner imposed a fine of \$500,000 on a healthcare organization for poor data protection under PHIPA.

Key Regulations Affecting Small Businesses

1. PHIPA (Personal Health Information Protection Act)

If your business handles Protected Health Information (PHI), you're subject to Canadian privacy laws like PHIPA or PIPEDA. Recent updates emphasize:

- Mandatory encryption of electronic health data.
- Regular risk assessments to identify vulnerabilities.
- Employee training on data privacy and security protocols.
- Incident response plans for potential data breaches.

2. PCI DSS (Payment Card Industry Data Security Standard)

Any business that processes credit card payments must adhere to PCI DSS requirements. Key mandates include:

- Secure storage of cardholder data.
- Regular network monitoring and testing.
- Implementation of firewalls and encryption protocols.

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 Access control measures to restrict data access.

Businesses that fail to comply with PCI DSS may face fines ranging from \$5,000 to \$100,000 per month, depending on the severity and duration of the violation.

3. PIPEDA Safeguards Rule

Businesses that handle consumer financial data in Canada must:

- Develop a written privacy and security policy.
- Appoint a privacy officer to oversee compliance.
- Conduct regular risk assessments.
- Implement safeguards like multifactor authentication (MFA).

Violations of PIPEDA can lead to fines of up to \$10 million or 3% of global revenue, depending on the severity and amendments under Bill C-27. Pretty serious, right?

Real-World Consequences Of Noncompliance

This really happens. In 2023, a ransomware attack hit Ontario hospitals and exposed health data from over 500,000 patients. There was no fine, but the damage to trust and reputation was huge. You're responsible for protecting your data. Take control before it's too late.

Steps To Ensure Compliance

- Conduct Comprehensive Risk
 Assessments: Regularly evaluate
 your systems to identify and
 address vulnerabilities.
- Implement Robust Security
 Measures: Use encryption,
 firewalls and MFA to protect
 sensitive data.
- Train Employees: Ensure your staff understands compliance requirements and best practices.
- Develop An Incident Response Plan: Prepare for potential breaches with a clear action plan.



Partner With Compliance
Experts: Engage professionals
who can guide you through the
complexities of regulatory
requirements.

Don't Wait Until It's Too Late

Compliance isn't just a legal obligation – it's a critical component of your business's integrity and longevity. Ignoring these requirements can lead to devastating financial penalties and irreparable damage to your reputation.

Don't let a compliance blind spot jeopardize your success.



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With Our Free Scan, You'll Know:

- · What credentials (if any) are actively being SOLD on the Dark Web
- If your company (and your reputation) are at RISK
- If your customers' PRIVATE INFORMATION is at RISK



CARTOON OF THE MONTH

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FREE REPORT



Jesse Cole built the iconic Savannah Bananas brand from nothing by doing things differently. The key to his success was his "fans first" mindset, which centers on creating an incredible experience for each individual fan.

"[Fans] aren't buying because of the product," Cole explained. "They're buying it because of how we make them feel. That's the differentiator."

Here are his takeaways for businesses who want to create raving fans too.

Eliminate Friction.

Put yourself in the customer's shoes and eliminate the friction they experience. Just like Walt Disney used to walk around Disneyland every day to find things to improve, businesses should go through the sales, and onboarding process to look for friction points—and reduce them whenever possible.

Entertain Always.

The heart of entertainment is to provide enjoyment, according to Cole. "How do you map the journey for your customers, every step of the way, to provide enjoyment, and make their lives better?" he said. Think about the little details; there are many stages of the experience of working with you, from first impressions

to onboarding. Try to make every stage remarkable. Those interactions set the tone when someone starts working with you.

Experiment Constantly.

And don't just experiment—try the exact opposite of what's normal. Not every experiment will work, but the ones that do have the opportunity to become groundbreaking successes. And people only remember the successes, not all the failures along the way.

Engage Deeply.

"Do for one, what you wish you could do for many," Cole said. The Magic Castle Hotel in Hollywood is a master of this tactic as well; their CEO says the key is to "listen carefully, respond creatively." By creating tailored experiences for individuals, you show your entire fan base that you care deeply for the people who support you.

Empower Action.

"Stop standing still, start standing up," said Cole. "None of [the rest of it] matters if we don't empower first ourselves, and then our team." To this end, he advised businesses to not underestimate the power of a thank you—to your team, your mentors and your clients—when it comes to building raving fans.

SHINY NEW GADGET OF THE MONTH

Withings Omnia Smart Mirror

The Withings Omnia Smart Mirror is a concept health device that centralizes wellness tracking at home. It performs daily 360° health scans, measuring heart metrics (ECG, AFib, vascular age, etc.), body composition, sleep quality, activity, and nutrition. Integrated with the Withings ecosystem, it delivers personalized insights via an AI voice assistant and allows users to share data with clinicians through the Withings+ app. Features like 24-hour cardiologist reviews are included via Cardio Check-

Up. Though not yet available for

was unveiled at CES 2025.

purchase, select features will launch in

the Withings app later this year. Omnia



My company was migrating our IP Phone systems to a newer version.

Our current phones were set up a long time ago, and the migration was not straightforward. MYDWARE walked me through the whole process, troubleshoot everything from their end and made the whole process extremely easy and fast.

They are just fantastic! Their customer service is top notch and they are always available to answer any questions or issues I have.



Most of us carry our phones everywhere, trusting them with everything from passwords to private business conversations. But here's the sad truth: phone tracking is far more common – and easier – than most people realize.

Whether it's a jealous partner, a disgruntled employee, or a cybercriminal targeting your business, anyone with the right tools can monitor your location, read your messages or even access sensitive business data without you ever knowing. And for business owners, that puts more than just your privacy at risk. It puts your operations, clients and bottom line in danger.

How Phone Tracking Works:

There are several ways someone might track your phone:

Spyware Apps: These can be installed to monitor calls, texts, and app usage. Some can even activate your microphone or camera without your knowledge.

Phishing Links: Clicking a malicious link in an e-mail or SMS can silently download tracking software onto your phone.

Location Sharing: Apps with excessive permissions or with social platforms you forgot were still logged in might be sharing your location in the background.

Stalkerware: This spyware is designed to hide in plain sight, often disguised as harmless apps or settings tools.

These methods don't require advanced hacking skills – many are sold commercially under the guise of "monitoring software."

Why This A Big Deal For Business Owners

If you run a company, your phone likely contains more than just personal messages. Think: e-mails with confidential client data, saved passwords, banking access, and employee records. A compromised phone can be an open door to your entire business.

The scarier part is the likelihood that you won't realize you're being tracked until it's too late, after an account is drained, a deal is leaked, or customer trust is broken.

Think about this: A single data breach costs Canadian small businesses an average of \$5.4 million. If your phone or laptop isn't secure, that breach could start right in your pocket.

Signs Someone Might Be Tracking Your Phone

Most spyware tools are designed to operate quietly, but there are still signs to watch for:

- Battery drain that doesn't match usage
- Increased data usage or strange spikes
- The phone feels hot when idle
- Unexplained apps or icons
- Background noise during calls
- Frequent crashes/unresponsive screens

These symptoms don't guarantee your phone is compromised, but when paired alongside other unusual behavior, they're worth investigating.

How To Stop Phone Tracking

If you suspect someone is tracking your

phone, here's what to do:

- 1. Run A Security Scan: Use a reputable mobile security app to detect and remove spyware or malware. These tools can also monitor your device in real time and alert you to new threats.
- 2. Check App Permissions: Go through your app list and review permissions. Disable unnecessary access to location, microphone, and camera especially for apps you rarely
- **3. Update Your Phone:** Security updates often include patches for vulnerabilities that spyware might exploit. Make sure your phone is running the latest OS.
- **4. Perform A Factory Reset:** If spyware is confirmed and can't be removed easily, a factory reset is the most thorough option. Just make sure to back up critical data, and change all important passwords afterwards.
- **5. Set Up Security Controls:** Use biometric logins (like Face ID or fingerprint) and enable multi-factor authentication on business apps.

Don't Leave Your Phone - And Business - Exposed

Because you're a business owner, your phone is more than a personal device. It's a mobile command center, customer file cabinet, and sometimes a virtual vault. That's why keeping it secure should be a priority.

Cybercriminals are opportunists, and a compromised mobile device gives them an easy way in – no firewall needed.

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